

The Brighter Side

SAY AHHH! OFFICIAL NEWSLETTER

The People. The Purpose. The Practice.

August 2026 | Vol.1

(281) 401-9629

www.sayahhhdentistry.com

8945 Highway 6 N, Suite 250, Houston, TX 77095

ABOUT THE OFFICE

Founded by Dr. Foster in January 2012, our practice was built on the belief that every child deserves exceptional dental care in a warm, welcoming, and fun environment. Since opening our doors, we've remained committed to helping children develop healthy habits and confident smiles that last a lifetime.

Each morning begins with a team huddle. Before the first patient arrives, we review the day's schedule, collaborate on our game plan, and discuss how to best support every child we'll be seeing. Because no two patients are alike, we tailor each visit to each child's unique needs, helping them feel comfortable, confident, and cared for from the moment they walk in.

What truly sets our office apart isn't just our systems—it's our people. Every member of the team brings a unique personality, creating an environment that's energetic, welcoming, and genuinely fun. Many of us are parents ourselves, so we understand the joys, worries, and questions that come with bringing your child to the dentist. We treat every family with the same patience, compassion, and care we'd want for our own.

Behind every healthy smile is a team that works together, supports one another, and genuinely loves what we do. That's the brighter side of Say Ahhh!



MEET THE TEAM



Busy School Schedule? We've Got You Covered!

With the school year just around the corner, we know life gets a little busier. Between school, sports, homework, and family activities, finding time for a dental appointment isn't always easy.

Starting October 1, our office will be open until 7:00 PM on the first Thursday of every month, giving families more flexibility to fit dental visits into their busy schedules.

TOOTH TIP CORNER

Frequently getting food stuck between your teeth isn't just annoying—it often points to underlying issues like cavities, shifting teeth, or failing dental work that need professional attention.



A photo of the dental team with one of our patients who is all grown up.

DID YOU KNOW?

Your child's first dental visit should happen by their first birthday? The American Academy of Pediatrics and American Academy of Pediatric Dentistry recommend children see a dentist after their first tooth appears.

Why so early? Tooth decay is the most common chronic childhood disease—even more common than asthma. By the time children start kindergarten, about 4 in 10 children have already experienced cavities.

The good news? Cavities are preventable! Regular dental visits, healthy habits at home, and early guidance help children develop positive dental routines that last a lifetime.

UPCOMING EVENTS

- Aug 6: Snow Cone Day from 1:30-4:30 pm
- Oct 1: Our office stays open until 7:00pm

What type of bear has no teeth?
A gummy bear!



READY TO TAKE THE NEXT STEP TOWARDS YOUR FUTURE?

We can help you become a registered dental assistant in 11 weeks! Scan the code to view our upcoming class schedule and start your application today!

